
CONDUCT AGREEMENT

I understand that the Philadelphia Union / YSC youth academy is a special program demanding a high standard of behavior both on and off the field of play. I will use my best efforts to uphold this standard, and shall treat this opportunity as privilege not a right.

I agree that I am in charge of my OWN development as a player and I promise to take P.R.I.D.E. (Personal Responsibility In Developing Excellence) in my training each and every day.

I agree I LOVE to play soccer and I understand my training is providing me a chance to demonstrate and improve my individual creativity and passion for the game!

I understand making mistakes is an important part of my learning process. I hereby grant myself the right to make mistakes and I agree I am willing to risk failure in order to achieve my full potential.

I agree to listen to the instructions the Union Juniors and Union Academy coaching staff provide me because I understand they want to help me become a better player and a better person.

I understand if I can train my feet, I can train my mind. I therefore promise to adopt a positive sports attitude in order to give myself the best chance of learning performing at my highest level.

I agree to be respectful to others at all times. I agree to show respect to my coaches by listening, respect to my peers by positively encouraging them, and respect to YSC and Philadelphia Union by following the rules.

I agree to make all training sessions and shall personally inform YSC Union Juniors by email or telephone if I am unable to attend.

I agree it is MY responsibility (not my parent/guardian) to come to training with ALL my equipment organized and ready for training.

I agree to try my hardest to do my best in school because as a member of the Philadelphia Union / YSC youth academy I only have one gear and that's 100% all the time in everything I do.

I promise to get proper rest because I understand that sleep is very important for my development as a student and as an athlete.

I understand that nutrition is important for my long-term health and performance on the field. I agree to make a conscious effort to eat healthy foods to fuel my body so I can perform at my best.

I understand that YSC Union Juniors training is designed to complement and support the efforts of my club team. I agree to support my club, my club coach, and my club teammates by being a positive contributor and leader.

I, _____ (print name) accept the guidelines set out above.

Signed: _____

Date: _____

Birth Year: _____

